

Personal Details CONFIDENTIAL

TODAYS DATE: _____

NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____ SUBURB: _____ POSTCODE: _____

MOBILE: _____ HOME: _____

EMAIL: _____ OCCUPATION: _____

EMERGENCY CONTACT: _____ PHONE: _____

HEALTH INSURANCE? _____ Are you covered for **chiropractic care**? Yes / No

Is this condition related to **Workcover** Yes / No? or **TAC** Yes / No?

Who is your regular doctor (**General Practitioner**)? _____

Our practice grows by referral. Who may we thank for referring you? _____

Have you seen a chiropractor before? Yes / No If yes who? _____

We will explain everything as we go and only proceed with care once you are completely comfortable.

Major Complaint What are you seeking help for today? _____

When did it start? _____ How did it start? _____

Was there any of the following prior to or during the onset? (Please tick if yes)

Infection

Trauma/Injury

Illness

Other significant event

Is it getting **worse**? Yes / No What **relieves** it? _____ What **aggravates** it? _____

Are your symptoms worse at night or any specific time of the day? _____

Do you have any **pain traveling down your arms or legs**? Yes / No

Does your **current problem** involve any of the following?

Tingling in either arm or leg?

Numbness in either arm or leg?

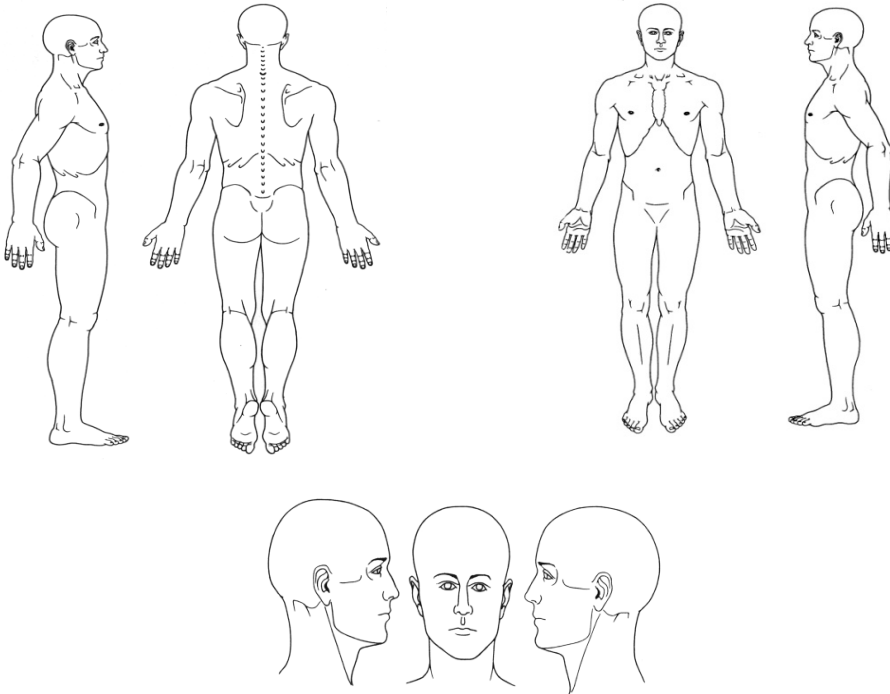
Weakness in either arm or leg?

'Weird' sensations in either arm or leg?

Have you had any **other treatment** for your current problem? Please list below.

Where is the Problem?

Please mark on the diagrams below any areas of discomfort or concern



Medical History & General Health

Do you smoke? Yes / No

Do you drink alcohol? Yes / No

Do you exercise regularly? Yes / No

Do you take **vitamin supplements**? Yes / No List _____

Have you had any **surgery**? Yes / No Please list below and the year of surgery.

1 _____ 2 _____ 3 _____ 4 _____

Are you currently taking any form of **medication**? Yes / No If yes, list **all** of them please.

1 _____ 2 _____ 3 _____ 4 _____

Have you had a **serious health problem** such as **hypertension, heart disease, diabetes,** or any form of **cancer**? Please list.

Have you had any **broken bones/fractures**? If yes, which ones and how?

Have you had any **falls or sports injuries**? If yes, when and describe?

Have any of your family members suffered from any serious or hereditary diseases? Please list. (e.g. cancer, diabetes, heart disease or any other major health problem)

Do You Suffer from Any of the Following? Please tick ✓ if yes

Allergies List _____

Asthma	Carpal Tunnel	Cramp-like pain in either leg when walking. If yes, do you have to stop or slow down to relieve it?
Hay fever	Elbow Pain	
Sinusitis	Rheumatoid Arthritis	
Frequent coughs/colds	Psoriasis	
Thyroid Problems	Pain in the buttock area	Cold hands / feet
	Sciatica	
Fertility Problems	Knee Pain	Varicose veins
Period Pains		
Fatigue	Pain or aching in your stomach. If yes, is it relieved by eating or by drinking milk?	Heart seems to miss a beat. Frequent or persistent cough
Poor sleep		
Occupational stress		Difficulty passing water. Passing water more frequently lately
Painful joints. If yes, is it worse in the night?	Persistent change in your appetite during the last three months	
Joint swelling	Has your weight changed more than 4 Kg in the last year?	Lumps, cysts, or unusual swellings anywhere on your body
Wake up with stiffness or aching in your joints or muscles.	Irritable Bowel	Easily depressed.
	Loose bowel movements	Difficulty concentrating
	Constipation	
Waking in the early hours and being unable to sleep again.	Blood or mucus in your bowel movements	Does stress seem to make your main problem worse?
	Haemorrhoids	
Headaches or Migraines		Are you subject to blackouts, dizzy spells, or fainting?
If yes: Are they throbbing and accompanied by nausea or vomiting?	Shortness of breath on exertion	Car/motion sickness
Shoulder pain	Pain or tightness in your chest on exertion. If yes, is it relieved by resting?	Poor balance
Pain in between the shoulder blades		

Our practice focuses on treating problems of the spine and associated disorders of the nervous system. A large proportion of our patients come via referral from their medical practitioner. As such, it is standard practice to correspond with your medical practitioner where appropriate.

I GIVE / DO NOT GIVE consent for my clinical information to be communicated to my GP where appropriate.

Print Name _____ Signature _____ Date _____

Please give 24 hours' notice if you wish to change any future appointments, otherwise, a \$30 booking fee may be charged. We appreciate your cooperation in notifying us of any changes to your schedule.